

HANGING ROCK CAMP

PACKING LIST

Mountain Bike Adventure

- ___ Bible, pencil/pen & paper
- ___ Casual clothes & biking clothes (*we do get muddy!*)
- ___ Walking shoes & an extra pair of shoes for biking
- ___ Rain gear (*we ride in the rain if it is safe to do so*)
- ___ Something to put dirty clothes & muddy shoes in to keep separate from clean stuff
- ___ One-piece swimsuit or trunks & towel
- ___ Toiletries, washcloth & towel
- ___ Jacket or sweatshirt
- ___ Sleeping bag & pillow
- ___ Insect repellent & sunscreen
- ___ Flashlight (*we set up tents in the dark and for getting around the campsite*)
- ___ Medications (*Must be turned in at camp check-in time IN ORIGINAL CONTAINERS*)
- ___ Money for missions offering
- ___ Mountain bike (*we ride trails in the woods*)
- ___ Bike helmet, must be worn while on the bike! (*the camp has some that can be used*)
- ___ Bike gloves (*helps prevent blisters*)
- ___ 1-2 water bottles and/or hydration pack
- ___ Fanny pack or backpack to carry lunches & water (*we eat on the trail*)
- ___ Sunglasses
- ___ Water shoes or sandals for water park
- ___ Spending money for water park and travel stops

OPTIONAL

- ___ Tent (*the camp will have some available*)
- ___ Bike light (*handle bar type, we do a short night ride*)
- ___ Spare bicycle tube for your bike
- ___ Camp chair (*for lessons, campfire, etc.*)
- ___ Umbrella (*for around the campsite*)